



Tigard Physical Therapy, Inc.

Lynne Marshall-Brook, MSPT, OCS, LMT

Jessica Steele-Thornborrow, DPT

Kelly Bradley, MSPT

18019 SW Lower Boones Ferry Rd, Tigard, OR 97224

(P) 503-753-1537 www.tigardphysicaltherapy.com

Patient Name: _____

Phone: _____ DOB: _____

Diagnosis: _____ ICD-10: _____

Frequency (days per week): 1 1-2 2 2-3 3

Duration (weeks): 2 4 6 8 12

Evaluate and Treat: _____

Cranio-sacral Therapy **Corrective Exercise**

Soft Tissue Mobilization **Spinal Realignment** **Modalities**

Myofascial Release Manipulation Ultrasound

ASTYM Muscle Energy Heat/Ice

Cupping Mobilization Electrical

Massage Stimulation

Mind/Body Therapies **Pelvic Floor Rehabilitation**

Mindfulness/Meditation Biofeedback

Stress Reduction

Other: _____

Signature: _____ Date: _____

Print Name: _____ Phone: _____

**Please fax this prescription and all relevant chart notes,
imaging reports, and/or operative reports to 503-573-8004.**

Driving Directions to Tigard Physical Therapy

Located inside of
Bridgeport Integrative Health

18019 SW Lower Boones Ferry Rd.
Tigard, OR 97224



Tigard Physical Therapy

Driving from the North

- From I-5 South, take exit 290 for Lower Boones Ferry Road
- Turn right onto Lower Boones Ferry Road
- Continue straight onto Bridgeport Road
- In 0.2 miles, turn left into the REI parking lot.
- Destination is straight ahead on the right, in the building directly behind REI.

Driving from the South

- From I-5 North, take exit 290 for Lower Boones Ferry Road
- Turn right onto Lower Boones Ferry Road
- Continue straight onto Bridgeport Road
- In 0.2 miles, turn left into the REI parking lot.
- Destination is straight ahead on the right, in the building directly behind REI.

